

PERSONAL, SOCIAL, HEALTH AND ECONOMIC EDUCATION (PSHE) POLICY

September 2025

To be renewed September 2028

AIMS AND OBJECTIVES

Personal, Social and Health Education (PSHE) enables boys to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing we help develop their sense of self-worth. We teach them how society is organised and governed. We ensure that they experience the process of democracy in School through, for example, School Council. We teach them about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multicultural society, having respect for other people, paying particular regard to all the protected characteristics listed in the Equality Act 2010.

School-based PSHE helps children and young people make sense of what is implicitly or explicitly learnt at home from parents, carers, family and wider society. To achieve this goal we strive to ensure that the School ethos is such that all pupils learn to live amicably together, gaining a keen awareness and begin to build a reasoned set of attitudes, values and beliefs. Each pupil should be respected as an individual and their self-confidence, independence and self-esteem promoted. We are keen to liaise with parents enlisting their co-operation, interest and support in order to promote a happy working partnership in trust.

The aims of personal, social, health and economic education are to enable the pupils to:

1. know and understand what constitutes a positive lifestyle;
2. know how to keep themselves safe – both within school and in the wider community;
3. understand what makes for good relationships with others;
4. have respect for others - particularly showing a tolerance of, and harmony between, different cultural traditions through appreciation of their own and other cultures and the understanding that the freedom to hold other faiths and beliefs is protected in law;
5. be independent and responsible members of the school community;
6. be positive and active members of a democratic society – understanding the need for participation in a democratic process and respect for the basis on which law is made in England;
7. develop self-confidence and self-esteem, and make informed choices regarding personal and social issues – enabling pupils to distinguish right from wrong and to respect the civil and criminal law of England;
8. develop good relationships with other members of the school and the wider community – in particular, identifying and challenging discriminatory behaviour.
9. be prepared for the next stage of their education and for adulthood

ORGANISATION AND PLANNING

Personal, Social and Health Education is taught predominantly through our PSHE lessons but are reinforced through other subjects and through assemblies.

PSHE takes place in each year group for one lesson per week. It is delivered by form teachers, so that they can link the curriculum learning to their pastoral care of the class.

AREAS OF STUDY

The areas of study in PSHE, which are studied in each year group unless stated otherwise, at a level suitable for the pupils' age, are:

- Emotional and mental health
- Physical health (including drugs and alcohol from Year 6)
- Healthy relationships
- Anti-bullying
- Understanding diversity (with a focus on respect for difference) in Reception to Year 5
- Careers in Years 6 – 8 (including both classroom-based lessons and encounters with employers and employees)
- Citizenship, understood as being part of a community in younger years, with understanding of our political system developed from Year 5
- Relationships Education (see PSHE Policy)
- Sex education in Years 6 – 8 (see PSHE Policy)
- Managing safety and risk, including online safety
- Financial education (in Years 5 and 7)

EARLY YEARS FOUNDATION STAGE

We teach PSHE and citizenship in the Nursery and reception classes as an integral part of the topic work covered during the year. We relate the PSHE and citizenship aspects of the pupils' work to the Early Years Foundation Stage, especially Personal, Social and Emotional Development (PSED). We also support citizenship education in reception classes through Knowledge and Understanding of the World (KUW).

TEACHING PSHE AND CITIZENSHIP TO PUPILS WITH SPECIAL NEEDS

We teach PSHE and citizenship to all pupils, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of pupils with special educational needs and disabilities. When teaching PSHE and citizenship we take into account the adaptations set for the pupils in their Pupil Profiles.

TEACHING AND LEARNING STYLES

We use a range of teaching and learning styles including one-to-one, group and class discussions, circle time, role play, work sheets, visiting speakers, art and craft and assemblies. It is recognised that many areas of this curriculum are taught or reinforced as situations arise during the school day; with young children these real situations often make the greatest impact. We place an emphasis on active learning by including the boys in discussions, investigations and problem-solving activities.

We encourage the boys to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly or open evening, or involvement in an activity to help other individuals or groups less fortunate than themselves. Older boys are invited to run enterprises for our annual Enterprise Day event for which they receive specific business and economic guidance workshops.

We organise classes in such a way that pupils are able to participate in discussion to resolve conflicts or set agreed classroom rules of behaviour. We offer boys the opportunity to hear visiting speakers, such as health workers, police, and representatives from the local church, whom we invite into the school to talk about their role in creating a positive and supportive local community. We have also extended this speaker programme to involve academics, politicians and business speakers to engage boys in thinking about future interests, GCSE choices and career options. The PSHE programme is also supported through a range of trips (e.g. in Pre-Prep to the local police station, and in older years to County Hall or the Houses of Parliament)

Some of the time we introduce PSHE through other subjects, e.g. when teaching about local environmental issues in Geography, we offer pupils the opportunity to explore who is responsible for the maintenance and upkeep of local parks and cycle paths. Likewise, the internet safety element of keeping safe is also covered for each year group as part of the Computing curriculum. As there is a large overlap between the programme of study for RS and the aims of PSHE and citizenship, we teach a considerable amount of PSHE through our RS lessons and Assemblies.

MONITORING AND REVIEW

The Deputy Head Academic is responsible for monitoring the standards of pupils' work and the quality of teaching. S/he supports colleagues in the teaching of PSHE, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in the school. S/he keeps the Headmaster informed of the ways in which the Scheme of Work evolves each academic year, and of the range of activities and speakers involved, evaluating strengths and weaknesses, responding to pupil initiatives in the subject and indicating areas for further improvement.